

# CARELIKA

PROFESSIONAL SKIN CARE

## AMBER CARBOXYTHERAPY: SKIN BREATHING AND CELLULAR-LEVEL RESTORATION TREATMENT MANUAL

A UNIQUE NON-INVASIVE TWO-PHASE  
CARBOXYTHERAPY SYSTEM

# CARELIKA AMBER CARBOXY THERAPY

Oxygen is an essential element for skin energy production. A lack of energy can lead to premature aging and a decrease in natural regenerative processes. As we age, the subcutaneous capillaries responsible for supplying oxygen to the cells become less elastic. This reduced elasticity leads to a decrease in oxygen supply, which in turn causes a drop in collagen levels, resulting in diminished skin tone and elasticity.

When the skin is sufficiently saturated with oxygen, it not only looks better but also responds more effectively to aesthetic care and hardware-based cosmetic procedures. Signs of insufficient oxygen in skin cells can be effectively corrected using non-invasive carboxytherapy.



**AMBER CARBOXY THERAPY** is a safe, highly effective skin care treatment that saturates the skin with oxygen, initiates intracellular respiration, activates skin cell functions, and delivers a lasting rejuvenating effect.

Thanks to the innovative combination of trending ingredients, Amber Carboxy Therapy not only provides a visible aesthetic improvement but also works by activating the skin's natural resources and physiological processes for long-term benefits.

This methodology is applicable in both aesthetic and medical cosmetology.

## A TWO-PHASE SYSTEM IS USED FOR THE PROCEDURE:

The first phase

### BHA & AMBER ACID RENEWAL BOOSTER

This booster contains a powerful blend of acids, each targeting specific aspects of skin metabolism to stimulate renewal, restoration, and rejuvenation of skin cells. These acids also provide brightening and keratolytic effects, enhancing overall skin clarity and texture.



93.9%  
INGREDIENTS OF  
NATURAL ORIGIN

The second phase

### AMBER CARBOXY THERAPY

Fizzing mask with carbon dioxide molecules, based on a complex of acids and niacinamide, which actively stimulates skin cells and blood circulation, enhancing the effectiveness of the active ingredients. This helps to improve and prolong the results of subsequent skincare steps.



91.7%  
INGREDIENTS OF  
NATURAL ORIGIN

#### Note:

- Suitable for year-round use.
- Can be used for sensitive skin and skin with signs of rosacea.
- The carboxytherapy texture allows for the procedure to be applied not only on the face but also on the neck, décolleté, hands, and other areas.
- The open protocol allows the final mask to be selected according to specific needs from the extensive range of CARELIKA masks.

CARELIKA  
PROFESSIONAL SKIN CARE



# CARELIKA AMBER THERAPY CARBOXY

## WHAT MAKES CARELIKA AMBER THERAPY CARBOXY TRULY UNIQUE?

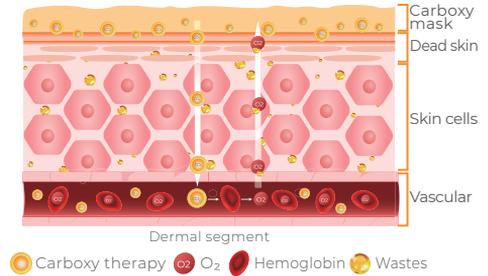
The combination of carboxytherapy and the unique properties of succinic acid provides significant benefits for the skin. Amber carboxytherapy enhances oxygen metabolism in cells, stimulates overall metabolism, and promotes skin renewal at the cellular level. This comprehensive approach effectively reduces wrinkles, improves skin texture, and diminishes the appearance of age spots after just one treatment.

**1** Non-invasive carboxytherapy involves the transdermal delivery of carbon dioxide (CO<sub>2</sub>) into the skin without injections.

The process begins with the application of a mask containing carbon dioxide molecules, which are generated by mixing two salts—monosodium citrate and sodium bicarbonate—with water. Once applied, carbon dioxide penetrates the epidermis and reaches the blood vessels, causing them to dilate.

Unlike oxygen, carbon dioxide can penetrate the skin in much larger volumes. The body perceives this influx of CO<sub>2</sub> as a potential threat, triggering an enhanced life-support response. This leads to increased blood circulation and lymphatic flow. In biochemistry, this process is known as the Verigo-Bohr effect.

In essence, we are talking about stimulating natural physiological processes. As a result, the skin begins to 'breathe' and looks better, fresher, and younger. With the activation of microcirculation, collagen production intensifies. This protein is the primary building material for cells.



**2** Succinic acid is a natural substance synthesized in the body that plays a crucial role in energy production within cells, making the skin particularly tolerant to cosmetic products based on succinic acid.

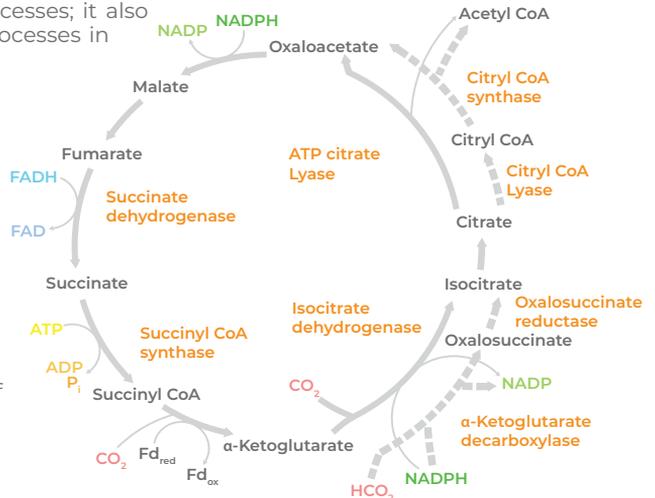
Often compared to fuel for cells, succinic acid specifically targets damaged cells, penetrating them instantly and supporting the function of the corresponding organ.

Its action goes beyond regulating internal processes; it also helps restore lost functions by reviving vital processes in aging tissues.

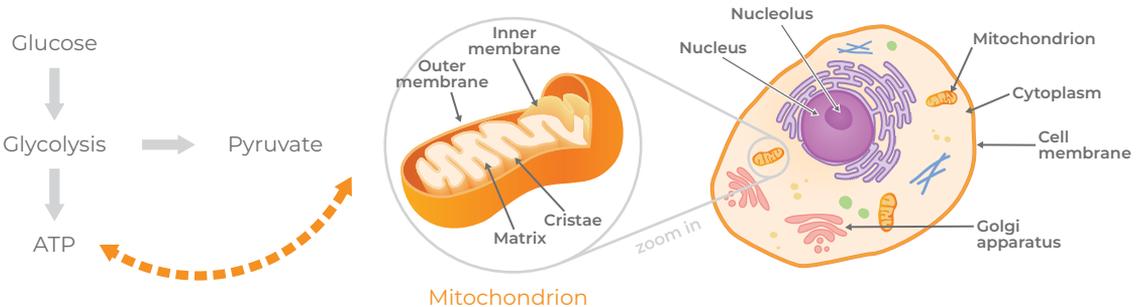
## IN KREBS CYCLE

### Intracellular metabolite krebs cycle component

Succinic Acid is an essential component of the Krebs cycle, in which glucose, fatty and amino acids are oxidized to produce usable chemical energy in the form of ATP.



**KREBS CYCLE (citric acid cycle)** is a series of chemical reactions used by all aerobic organisms to release stored energy.



# CARELIKA AMBER CARBOXY THERAPY

---

## BENEFITS

- One of the safest and most effective procedures.
  - The procedure is absolutely painless, as no injections are used and therefore no anesthesia is required. The integrity of the skin is preserved.
  - There is no rehabilitation period.
  - It has no age restrictions and can be used for any skin type. It is not seasonally dependent.
  - There are virtually no contraindications.
  - It is compatible with aesthetic procedures and hardware techniques.
  - It is allowed during pregnancy and lactation.
- 

## RESULTS

- General skin rejuvenation.
- Regulation of sebaceous gland activity, reduction of oily skin, and elimination of inflammatory processes.
- Reduction or elimination of acne and post-acne marks.
- Activation of cellular metabolism and improvement of tissue trophism, resulting in more efficient transport of active components into the skin.
- Vascular changes are slowed down or prevented.
- Cellular immunity is strengthened.
- Lipolytic effect.
- Restoration of the skin's protective functions.
- Increased skin firmness and elasticity, with improved turgor.
- Reduction of pigmentation, improvement in skin color, and evening of facial tone.
- Healing effect on the skin.
- Activation of fibroblasts and stimulation of collagen and elastin synthesis.
- Saturation of tissues with oxygen.

For the most effective and long-lasting results, a course of 5-10 procedures at weekly intervals is recommended—this is sufficient for a significant improvement in skin condition. The carboxytherapy procedure has a cumulative effect.

---

## INDICATIONS FOR THE PROCEDURE

- Photoaging and age-related changes
- Withering and sagging skin
- Dull complexion
- Bags under the eyes
- Weakened facial muscles
- Rashes and post-inflammatory changes
- Uneven texture, enlarged pores, and inflammation
- Vascular pathologies
- Blurred facial contours
- Dark spots
- Wrinkles
- Swelling
- Rosacea
- Scarring

## CONTRAINDICATIONS FOR THE PROCEDURE

- Any diseases in the acute stage
  - Cardiovascular diseases
  - Renal dysfunction
  - Hypertension
  - Oncology
  - Epilepsy
  - Anemia
  - Herpes
  - Individual intolerance to components
-

# CARELIKA AMBER CARBOXY THERAPY

## System for therapy of the face, neck, décolleté and hands



BHA & AMBER ACID RENEWAL BOOSTER

pH 5.15

### KEY INGREDIENTS



#### Succinic acid 2%

Succinic acid, or succinate, is a powerful antioxidant that helps protect the skin from free radicals and prevent premature aging. Succinic acid improves skin texture, stimulates renewal and hydration, making it more elastic and radiant. This ingredient is also known for its anti-inflammatory properties, making it effective in soothing irritations and enhancing overall skin health.



#### Salicylic acid 1.9%

Salicylic acid is a beta hydroxy acid (BHA) that effectively dissolves dead skin cells, promoting a more even skin tone and texture. It penetrates into skin pores, dissolving excess sebum and helping to prevent the appearance of blackheads and acne. Additionally, it controls excessive oiliness, reduces shine, and has a keratolytic effect.



#### Gatuline® Spot-Light 3%

It is the first ingredient that acts on the causes of age spots at both the epidermal and dermal levels. Known for its properties in reducing pigmentation and lightening dark spots on the skin, it works by decreasing melanin synthesis.



#### Vitamin C 0.5%

It has powerful antioxidant properties and the ability to stimulate collagen production. It helps protect the skin from free radicals, improves skin tone, lightens pigmentation, and promotes a more even complexion. It may also help reduce wrinkles and improve overall skin health, leaving it firmer and more radiant.



#### Orange flower hydrolat 5%

Orange blossom hydrolate is a water obtained by distilling fresh orange blossoms. It is known for its soothing and toning properties for the skin. As a natural ingredient, hydrolate helps moisturize and refresh the skin, while its antioxidant properties help protect the skin from free radicals and external aggressors.

### AMBER CARBOXY THERAPY MASK



### KEY INGREDIENTS



#### Succinic acid 5%

Succinic acid, or succinate, is a powerful antioxidant that protects the skin from free radicals and helps prevent premature aging. It improves skin texture, stimulates renewal and hydration, and enhances elasticity and radiance. Succinic acid is also known for its anti-inflammatory properties, making it effective in soothing irritations and improving overall skin health.



#### Malic acid 2%

Malic acid is an alpha hydroxy acid (AHA) derived from apple juice. It has exfoliating properties that help improve skin texture, stimulate cell renewal, even out skin tone, and reduce wrinkles. It can also help reduce pigmentation and increase skin hydration levels.



#### Phytic acid 5%

Phytic acid, also known as inositol phosphate, is a plant-based compound commonly used in cosmetic products for its moisturizing and antioxidant properties. It helps improve the appearance of the skin, softens it, and aids in evening out skin tone. Phytic acid may also help combat signs of aging and skin damage caused by environmental exposure.



#### Niacinamide 2%

Niacinamide, also known as vitamin B3 or nicotinamide, is a popular ingredient in beauty products due to its numerous skin benefits. It helps improve skin texture, moisturizes, and strengthens the skin's barrier function, making it more resistant to external factors. Additionally, it is known for its antioxidant properties, which protect the skin from damaging free radicals, even out skin tone, and reduce the appearance of dark spots.



#### Fucogel 0.8%

Fucogel is a cosmetic ingredient known for its moisturizing and soothing properties. It forms a light film on the skin, helping to retain moisture and improve hydration. Fucogel also reduces irritation and enhances skin texture, leaving it smoother and softer.

# CARELIKA AMBER CARBOXY THERAPY TREATMENT PROTOCOL

## STEP 1 **CLEANSING:** Amber Therapy Cleansing Powder



This cleansing powder, enriched with succinic acid and prebiotics, effectively cleanses the skin without damaging its hydrolipid layer.

- Dispense a small amount of powder onto your palm, and lather it with a small amount of water.
- Apply the lather to your face, which should be pre-cleansed of makeup, using gentle massaging movements.
- Rinse off with warm water.

### **Key ingredients:**

Succinic acid, Prebiotic, Fucogel, Aloe vera

## STEP 2 **TONING:** Amber Brightening Toner



An alcohol-free brightening toner that restores skin pH, strengthens the skin barrier, oxygenates, and replenishes hydration after cleansing.

- Tone the skin with Amber Brightening Toner.

### **Key ingredients:**

Succinic acid, Oxygeskin

## STEP 3 **MULTI-ACID BOOSTER:** BHA & Amber Acid Renewal Booster



A serum that regulates sebum production, reduces pigmentation, and improves skin texture. It hydrates and soothes the skin, leaving it refreshed and rejuvenated.

- Using a fan brush, apply 2 ml of BHA & Amber Acid Renewal Booster to the skin of the face, neck, and décolleté.
- Do not rinse off. For reactive and sensitive skin, apply directly to areas of pigmentation.

### **Key ingredients:**

Succinic acid, Salicylic acid, Gatuline® Spot-Light, Vitamin C, Orange flower hydrolat

## STEP 4 **CARBOXYTHERAPY:** Amber Carboxy Therapy Mask



Restores the condition of dull skin, corrects signs of aging, and reverses the effects of oxidative stress. Minimizes the appearance of pores, reduces pigmentation spots, and evens out skin tone. Enhances blood circulation and reduces puffiness.

- Mix 20g of Amber Carboxy Therapy Mask with 15ml of water at 20°C until a fluffy foam forms.
- Apply using a brush or spatula.
- Leave on for 10-15 minutes, then rinse thoroughly with cool water.

### **Key ingredients:**

Succinic acid, Phytic acid, Malic acid, Niacinamide, Fucogel

## STEP 5 **LIGHTENING:** Amber Therapy Gel Mask



Enriched with a combination of an oxygen complex and succinic acid, this formula stimulates microcirculation, brightens the skin, and evens out its tone. Horse chestnut extract helps prevent rosacea and strengthens blood vessels.

- Apply Amber Therapy Gel Mask.
- Leave on for 10-15 minutes, then rinse off with warm water.

### **Key ingredients:**

Succinic acid, Oxygeskin, Fucogel, Horse chestnut extract

## STEP 6 **NUTRITION:** Amber Cream



Regenerates the skin, improves its immunity, soothes, nourishes, deeply moisturizes, and smooths the skin. Prevents hyperpigmentation. Strengthens blood vessel walls and reduces couperosis. Protects against digital pollution, harmful UV rays, and oxygenates the skin.

- Apply Amber Cream and allow it to fully absorb.

### **Key ingredients:**

Succinic acid, Oxygeskin, Vitamin E, Helianthus Annuus (Sunflower) Seed Oil, Squalane

For the most effective and long-lasting results, a course of 5-10 procedures with weekly intervals is recommended. Frequency: 1-2 courses per year. Treatment should be prescribed by a specialist - cosmetologist